

**UNISON Continuing Professional
Development Programme
September – December 2011**

Dementia & Challenging Behaviour

Tues Sept 27th 10am – 1pm, Belfast

The high frequency of challenging behaviour in hospitals, care homes and other settings is a reflection of limited understanding among staff about how this behaviour arises and how it is often a response to our own behavior or the environment. This workshop explores how challenging behaviour is a form of communication and how we can respond appropriately. Delivered by the Dementia Services Development Centre.

Learning Disability & Dementia

Friday 28th Oct 10am – 4pm, Belfast

This one-day workshop will examine the predictions of the rise in aging population of those with a Learning Disability and prevalence of dementia in those with Down's syndrome and in older people with a learning disability. It will explore issues such as what is dementia and what is not dementia; an understanding of the importance of baseline assessments, to assist with early diagnosis; managing challenging behaviours such as aggression and "wandering" as well as looking at understanding pain and "diagnostic overshadowing'. Delivered by Association for Real Change (ARC)

Healthier Food and Special Diets

Tues 8th Nov 9.30am – 4pm, Belfast

This offers a level 2 CIEH qualification for catering staff in schools, hospitals or residential settings. It will cover an understanding of nutrition principles and terminology, the requirements of a balanced diet and its positive effect on health. Identify differing needs, allergies and food intolerances. It will also explore how different groups of people have varied needs and the impact of food processing and manufacturing on the nutritional content of foods. It will be delivered by Gail Dewar, LG Training.

The Final Taboo? Sexuality and People With Learning and/or Physical Disabilities

Wed 16th Nov 10am – 4pm, Belfast

This challenging, participative course is aimed at all staff working with people with a learning and /or a physical disability. It will help participants to clarify and explore some of the complex and often sensitive issues in relation to sexuality and working with people with learning or physical difficulties. In order to understand and sensitively deal with this area of work, it is important to examine some of our own opinions, attitudes and values towards sex and sexuality. We will also explore some of the key workplace issues around sexuality eg appropriate behaviour, respect, safety, acceptable risk taking, sexuality as part of life, not just as a problem, challenging behaviour – staff and clients and of course embarrassment – staff and clients. Delivered by Miriam Karp

Rights at Work for Staff in Independent Care Homes

Sat 26th Nov 10am – 1pm, Belfast

This workshop will explore the rights which staff in care homes have including terms and conditions, employment rights, leave entitlement, pensions, training, protection against bullying and harassment. This session is open to members and non members. It will be delivered by Fidelma Carolan & Brian Ferguson, UNISON.

Autistic Spectrum Disorder (ASD) for School Based Staff

Sat 26th Nov 10am – 4pm, Belfast

This course will explore what ASD is and what it is not as well as looking at strategies for supporting children in primary schools with ASD, including consideration of Special Educational Needs, understanding the seven characteristics of ASD as well as relevant strategies and considerations of a supporting adult role in the classroom. It will be delivered by Sharon Beattie.

How To Be Professional When the Personal Is Political

Wed 30th Nov 10am – 4pm, Belfast

Making sense of sexism, sectarianism, racism, disablism, homophobia and other discriminatory systems is essential for those working as support workers, youth workers, social workers and social care workers, but it's not necessarily straightforward. If you think you've made sense of it, putting it into practice can be even more of a challenge. This experiential day workshop is designed to provide understanding and guidance in this often confusing area. Delivered by *Dugald McCullough, Open University, Faculty of Health & Social Care and a private consultant*

Advocacy for People with Dementia

Mon 5th Dec 10am – 4pm

The purpose of dementia advocacy is to assist and support older people with dementia and memory impairments to articulate, exercise and defend their rights and to fully participate in both the minor and major decisions affecting their lives. The sessions will be participatory and interactive and will provide the opportunity for practitioners to

reflect on advocacy in the context of their own work. Participants will get a chance to explore issues such as what dementia advocacy is and isn't; how independent advocacy can support their work; incorporating the principals of advocacy into their own role. It will be delivered by Marian Cinnamond, Alzheimers Society

Early Years practice: care or education?

Wed 14th Dec 10am – 1pm, Belfast

In recent years the language of education has become increasingly associated with Early Years practice, where once it was more associated with care. This workshop aims to explore the implications of this shift for practitioners, their relationships with children and colleagues and their understanding of themselves as practitioners. Delivered by Liz McCrystal, Open University

Unless stated, courses are only available to UNISON members and are free. Lunch is provided for daytime courses but travel expenses are not available.

UNISON Continuing Professional Development Seminars

Name _____

Home Address _____

_____ Postcode _____

Tel _____ Email _____

Workplace _____ Job Role _____

	Course	Date
1.	_____	_____
2.	_____	_____
3.	_____	_____

Please return this form to

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